## MiB MOTHERS IN BUSINESS

Towards an equal and family friendly working life

Personal information update

Actives infobank

News

This regular actives' letter is also published on the Actives' Infobank on MiB's website.

#### **Read letter in web**

## Greetings from MiB active seminar

A warm thanks to all of you attending the MiB active seminar. It was a joy to see so many MiB actives from all over the country together after a few years! We would love to hear your wishes for next year's seminar, so please give us <u>feedback</u> of the event.

Once we have summarized the seminar workshops' created ideas, we'll share them with you. Some development ideas for the office team will also be put into action. Thank you for the input!

The seminar included an empowering opening speech from **MiB's CEO Annica Moore and vice president Saara Unnanlahti.** They stated that after the pandemia, we want to cherish the positive energy and connectivity that has always been in the core of MiB.

"Our actives possess an incredible amount of talent from various industries and fields and we truly appreciate that as an organisation", Moore and Unnanlahti said.



MiB has a wonderful network that brings people value when they think about the next career move. "We want to see MiB as a place where women continue supporting each other in their lives and career development." Moore and Unnanlahti stated.

They also pointed out that it is very important to feel like we can come to the events and activities as we are – sometimes rushed or having a difficult morning with the kid. "Let this always be the community where you feel safe and welcomed with all aspects of your life."

To revisit the seminar day, take a look at **the photos!** Feel free to add your best photos to the folder. :)



At the seminar we heard **Hande Demir Holopainen** telling everyone about a successful company visit to Sievo this year. In the evening we celebrated **Angeliki Papagiannopoulou** being nominated as one of three MiB superactives of the year. Congratulations, Angeliki, suberb job!

Thank you all for being part of MiB International community, this journey is more meaningful with you.

#### What's it like to be an active?

"It feels great to be an active! I like creating, coming with ideas, planning and organising events for other international mothers."

This quote is from our most recent active survey. According to the results, the greatest reward for being an active is:

"Being part of a community." "Founding like-minded peers." "Showing working moms in Finland what all is available to them." "Loving the energy you get from all the activities." "The great feeling when some activity you do brings joy or useful information to others." "Knowing that your skills are valued."

Let's cherish these strengths together. These are great things to build on!

You sent feedback on the things to improve as well. We will work on these together. Stay tuned for an invitation to **an active live meeting on 8th December**!

Some of you felt a communications overload. In the future, we'll focus news to this regular active letter that comes to your email. Hope this helps a bit. We'll also continue using our internal comms channel Slack.



Many of you hoped for more live events. You can find the upcoming ones from the event calendar. Feel free to plan and organise more with your active colleagues! Please check our instructions for setting up a fabulous event. For those who have organized several events, it is possible to get a recommendation from MiB staff for your work.

A big thanks for helping us develop our way of doing things  $\forall \forall \forall \forall$ 

#### Improve your skills!

To make sure that you actives get to develop your skills, we offer you different training opportunities. In Slack, most votes for an interesting training went to **volunteer management training** and the **training for how to organise a MiB event**. Sign up for the next sessions:

**27th of October:** How do I progress from the idea to the event? The basics and Q&A



12th of October: Sign up for a LinkedIn training!

Sign up: MiB Career: Building and leveraging your LinkedIn profile workshop

**If you have a skill that you would like to share with others** to help them with career, volunteering or family and work life in the form of a training, please contact us on viivi(at)mib.fi.



#### How are you?

Here in MiB we want to know how you are doing, because your happiness is important for us <3. You will find our Active pulse link from every active letter with one quick question and an opportunity to tell us more about how things are. This gives us valuable information about your happiness as an active volunteer. The Active pulse is quick to answer and anonymous. Please let us know how you are doing!

ACTIVE PULSE

#### MiB's newsletters now in English

Have you had trouble finding info about MiB's activities in English? No worries...

The MiB newsletter and the active letter will be posted to your email address in English in the future. If you haven't received MiB newsletter yet, you can subscribe to the newsletter and here you'll find the previous newsletter.

We understand that the news that is relevant to the Finnish-speaking community may not always be relevant to the MiB International community. Feel free to unsubscribe from any Finnish letters you don't wish to receive!

If you have content ideas for the English newsletters, please contact us on viivi(at).mib.fi.

## Oh baby, it's Baby Week!

On Baby Week, MiB offers several open events for everyone to come and see what we do. Spread the word and join the event with a friend or two. Note, that it is ok if you do not have a baby with you :).

The Baby Day is celebrated on Friday 30th September and MiB will attend live at Musiikkitalo in Helsinki and in the Baby Day stream.



**More information on baby week can be found by following our social media.** If you would like to take part in yearly MiB campaigns, please contact Viivi on viivi(at)mib.fi

## Coming up

#### Team meetings:

- 24th of October: Communications team meeting
- **30th of October:** Joint team meeting with Events team and Company visits team
- For all the meetings: keep an eye on Slack (channels #international, #international\_events and #international\_communications) and the events calendar, for external and internal meetings.

#### MiB International meetings

#### **Trainings:**

- 12th of October: LinkedIn training (open to all). Register to the training
- 27th of October: How do I progress from the idea to the event? The basics and Q&A (internal) Zoom link
- TBC Volunteer management training

**Looking to develop your networks?** Keep an eye on all the MiB's upcoming company visits, as many of them are in English. At the company visit you do not only hear about an interesting business but you also get a great chance to make new connections.

## **Useful links:**

- » Actives infobank
- » Events organising instructions
- » MiB Tapahtumataulukko (all MiB events)
- » Picture bank for events and social media posts
- + All you need to know in a nutshell



MiB Actives on Facebook (FIN), but can be also posted in English.



# MHB

Mothers in Business MiB ry

hello@mib.fi

You received this email as you have registered as an active volunteer of MiB International project. If you situation has changed and you wish no longer continue as an active volunteer, please contact us on hello@mib.fi

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